

HEALTHY *Choices*

11am - Close

ROASTED BEET AND GREEN APPLE SALAD **8/15**

Roasted Beets, Green Apple, Spinach, and Arugula with goat cheese and candied walnuts, jalapeno grape vinaigrette. Half or Full Orders.

MISO GLAZED SWORDFISH **20**

Sake and Miso marinated Swordfish Steak, roasted and served with white rice and seasonal vegetables

WILD CAUGHT SALMON **28**

Char-grilled or seared. Served with cannellini beans, braised kale, and lemon thyme butter sauce

TUSCAN CHICKEN **22**

Pan seared chicken breast, finished with EVOO roasted tomatoes, garlic and basil. Served over fettuccini. *(Substitute rice or salad for pasta)*

MAHI MAHI SANDWICH **24**

Char-Grilled Mahi Mahi on a toasted brioche bun with lettuce, tomato, onion, pickle and house-made remoulade *(Gluten Free Bun available)*

LITE/HEALTHY CHOICES À LA CARTE

\$9 **GRILLED CHICKEN BREAST**

\$22 **CHAR-GRILLED CREEKSTONE FARM FLAT
IRON STEAK**

\$20 **GRILLED COLD WATER LOBSTER TAIL**

\$16 **GRILLED JUMBO SHRIMP**